**Course description (general description)**

**Course title: Diagnostic Methods of Dynamic Psychology**

**Course code: PSYM21-MO-DIAG-102**

**Head of the course: Fülöp Emőke**

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| **Aim of the course** |

**Aim of the course:**

The aim of the course is to provide an insight into the process of psychodinamic diagnosis and to gain knowledge about the basic concepts and methods of different psychodynamic diagnostic models. Students will practise these methods in role plays and learn how to phrase a psychodynamic orientated diagnosis.

**Learning outcome, competences**

knowledge:

* The concept and structure of psychodinamic diagnosis.
* Attributes of different types of personality structures (by Kernberg)
* Basis of the structural interview
* Concept of OPD-2 (Operational Psychodinamic Diagnos

attitude:

* Open-minded and reflective
* observer

skills:

* Observation of communicational channels
* Formation of psychodinamic diagnosis through a case
* Usage of basic techniques of structural interview
* Observation of a case study using the concept of OPD

autonomy, responsibility:

* Students are able to apply the acquired knowledge on their own, in accordance with the ethical guidelines of psychology, but only for purposes corresponding to their level of competence.

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| **Content of the course** |

**Topic of the course**

* The similarities and differences between the psychodinamic diagnosis and DSM 5
* The theoretical concepts of psychodinamic diagnostic models (Kernberg TFP model; OPD; PDM 2 – Psychodynamic Diagnostic Manual)
* transference and countertransference in personality disorders: function and characteristics
* Practice in role play
* Making psychodinamic diagnosis through case vignettes

**Learning activities, learning methods**

* Presentations
* Case presentations (video simulation)
* Scientific literature presentation
* Role play
* Case discussion

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| **Evaluation of outcomes** |

**Learning requirements, mode of evaluation and criteria of evaluation:**

* Active participation in the lessons, literature presentation
* Elaboration of a case (given by the teacher, video or written case) using the psychodinamic concept (including diagnosis)

Mode of evaluation: 5-point grading scale

Criteria of evaluation:

* Active participation in the lessons, literature presentation
* Elaboration of a case (given by the teacher, video or written case) using the psychodinamic concept (including diagnosis)

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| **Reading list** |

**Compulsory reading list**

* Kernberg O. F.(2004)Borderline condition and patological narcissism. A Jason Aronson Book
* Kernberg O. F.(2018) Treatment of Severe Personality Disorders: Resolution of Aggression and Recovery of Eroticism. American Psychiatric Association Publishing.
* OPD Task Force (Eds.) (2008): Operationalized Psychodynamic Diagnosis OPD-2. Manual of Diagnosis and treatment planning. Hogrefe.
* Gabbard G.O.(2014)Psychodynamic Psychiatry in Clinical Practice. American Psychiatric Association Publishing. Psychodinamic assessment of the patient

**Recommended reading list**

* Lingiardi V., McWilliams (ed) (2017) Psychodynamic Diagnostic Manual, Second Edition: PDM-2. Guilford Press.

**Course-specific information (specific to a given lecture or seminar)**

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| **General data** |

**Specific (sub)title of the course (if relevant):**

**Specific (sub)code of the course (if relevant):**

**Date and place of the course:**

**Name of the lecturer:**

**Department of the lecturer:**

**Email of the lecturer:**

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| **Specific syllabus/schedule of the lecture/seminar (if relevant)** |

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| **Further specific information (eg. requirements) (if relevant)** |

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